

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Caring Pregnancy Center (DBA Options Pregnancy Center), Fairmont **Vendor#:** 0000285530

Contact: Bob Charnecki

Phone and Email: 507-238-2330 cpcfmtmn@frontiernet.net

Goal: To provide necessary services and referrals to pregnant and parenting women in south-central MN

Population: Pregnant and parenting women in south-central MN

For the period/quarter: April 1 – June 30, 2017 Quarter 4

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to grant staff Complete grant forms Attend required grant meetings Hire and coordinate training for new grant staff		Prepared for site visit. Supervised training of new grant staff. Began planning and scheduling for expanded hours. Completed evaluation report.	
Outreach	Provide guidance to grant staff Complete grant forms Attend required grant meetings Hire and coordinate training for new grant staff		Continued newspaper advertising in underserved counties near our location. (Board of Directors is considering the possibility of one or two satellite offices.) Have had positive results from the increased advertising in neighboring communities. Updating all brochures.	
Case Management Services	Provide on-going telephone and/or office appointments for clients testing positive for pregnancy	45	Client Advocate provides ongoing office visits with clients during pregnancy and after. Phone calls are made when client is unable/fails to come for an office visit.	103

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Crib Distribution/ Sleep Safety Education	<p>Enroll clients in Sleep Safely Program</p> <p>Provide information and education on pregnancy, infant care, and parenting</p> <p>Provide crib upon completion of program</p> <p>Deliver and assemble crib if needed</p>	36	<p>Continuing program from previous PA Grant. Program is well established and continues to be well received by clients. Other community agencies and former clients frequently make referrals to the crib program. Program continues to have consistent participation.</p>	35
Employment Assistance	<p>Enroll participants in Work Readiness Project</p> <p>Conduct assessment of work readiness skills</p> <p>Provide work station and mentoring</p> <p>Provide evaluation, incentive and references</p>	32	<p>Employment assistance started slow, but increased significantly in January. Clients have been encouraged to participate in the program from Human Services and Minnesota Valley Action Council.</p> <p>Program participation continues to be sporadic, possibly due to the low unemployment rate in the community and the abundance of part time summer employment.</p>	61
Life-Skills Education Program	<p>Provide educational components for program participants as needs are identified. Components may include, but not limited to, job search, job interviewing, finance/budgeting, nutrition/cooking, alcohol/drug use education, and relationships</p>	18	<p>All participants in the Work Readiness Project receive information on job searches, applications and job interviews. Several clients have been assisted with Social Security Disability claims and immigration issues.</p>	29

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Material Support	Provide material assistance such as diapers, maternity and baby clothes, and basic housekeeping needs to pregnant and parenting women	30	The need for assistance with diapers continues to be high, but requests for clothing and blankets has reduced as the weather warmed.	53
Nutrition	Provide infant formula and baby food Provide nutrition education Provide WIC and food shelf referrals	9	Client Advocates continue to stress the importance of good nutrition. Drinking appropriate beverages is emphasized. Local community still has drinking water issues (or perceived issues) and we are still making bottled water available to our pregnant clients. Several clients have need for special formula.	18
Parenting Education	Provide parenting education with incentives as part of on-going client visits and the Sleep Safely-Baby Crib Program	35	Client Advocates provide parenting education as part of the crib program and on an ongoing basis for up to one year after birth if client requests. We keep a crib set up to demonstrate safe sleep practices.	35
Pregnancy Education	Provide pregnancy education with incentives as part of on-going client visits and the Sleep Safely-Baby Crib Program	30	Pregnancy education is a large part of our crib program. Education materials are continually being reviewed and updated as needed. The number of pregnant clients has been slightly down this quarter. Some of the clients in the crib program are post-partum and are receiving parenting education.	29
Pregnancy Testing	Provide program eligibility assessment, pregnancy counseling and testing.	3	Requests for pregnancy tests are generally low, possibly due to the availability of low cost pregnancy tests and expanded availability of medical insurance.	4

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Provide Necessary Services to all clients	<p>Provide intake assessment to determine need.</p> <p>Provide women with information on, referral to and assistance with securing pregnancy support services.</p> <p>Utilize resource database to provide information and make referrals</p>	12	<p>Intake assessments are completed with all new clients and referrals are made for services to meet identified needs. When needed, Client Advocates will help with phone calls, appointments and applications. Most clients choose to participate in one or more of the services available at Options Pregnancy Center.</p>	26
Provide Necessary Services Assessments Only	<p>Provide intake assessment to determine need.</p> <p>Provide women with information on, referral to and assistance with securing pregnancy support services.</p> <p>Utilize resource database to provide information and make referrals</p>	2	<p>Intake assessments are completed with all new clients and referrals are made for services to meet identified needs. This quarter all clients chose to participate in one or more of the services available at Options Pregnancy Center.</p>	4
Transportation	<p>Provide gas cards or bus tokens for clients to attend Center appointments or medical appointments</p>	4	<p>Bus tokens and gas cards have been beneficial in helping clients keep appointments. Rural bus service has not been as accepted by our clients as first expected. More clients have been traveling to the Center from greater distances/neighboring counties. (Which supports our vision of 2 satellite centers.)</p>	6

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	0
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	11
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	9
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	6
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	5

Challenges:

Comments: